

Bridgend Farmhouse
EH 16/17
survey report
2020

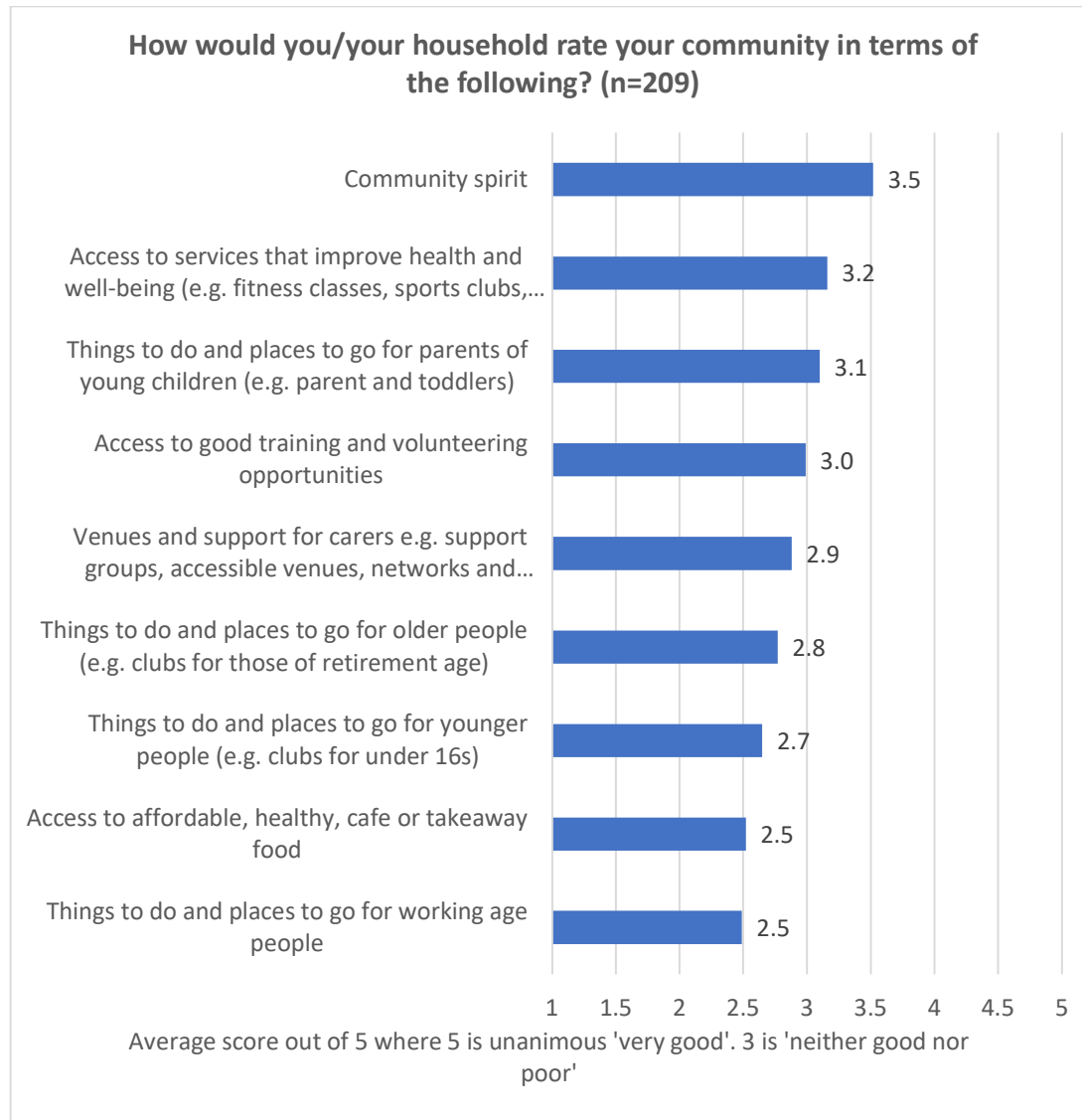


Key facts:

- The survey was issued in September 2020.
- The questions were devised by volunteers over a series of consultations
- The survey represents the views of a total of 398 people in the EH16 and EH17 area.
- It could be completed as an individual or on behalf of a household.
- For each graph 'n=' is how many people completed that questions. E.g. n=100 means that 100 people completed that question.



Question 1: Rating the EH16/17 community



Comments for question 1:

Summary of key themes, number of comments in brackets:

Young people and children (6)

- “Lack of playgroup for toddler found only 1 in Gilmerton community”
- “the children's park in inch park is in poor condition and nothing is being done to improve it to accommodate the whole community for all ages.”

Environment and litter (5)

- “The environment is also poor, the roads, shrubs, litter looks unkempt and rundown.”
- “Litter picking in the area around the Inch Park and Craigmillar Park, teaching young people more about nature and their impact on it, outdoor yoga classes.”

Covid-19 (1)

- “I would say previously toddler and parent group access was good, but now with the new restrictions there's nothing.”

Food, cafes and shops (9)

- “I would say previously toddler and parent group access was good, but now with the new restrictions there's nothing.”

Information, participation and engagement (5)

- “Have an online list of jobs needing done , volunteering opportunities so people can give something back to the community when they are able.”
- “Working families are often excluded from community engagement through 9-5 planning. we still want to engage in our home communities”

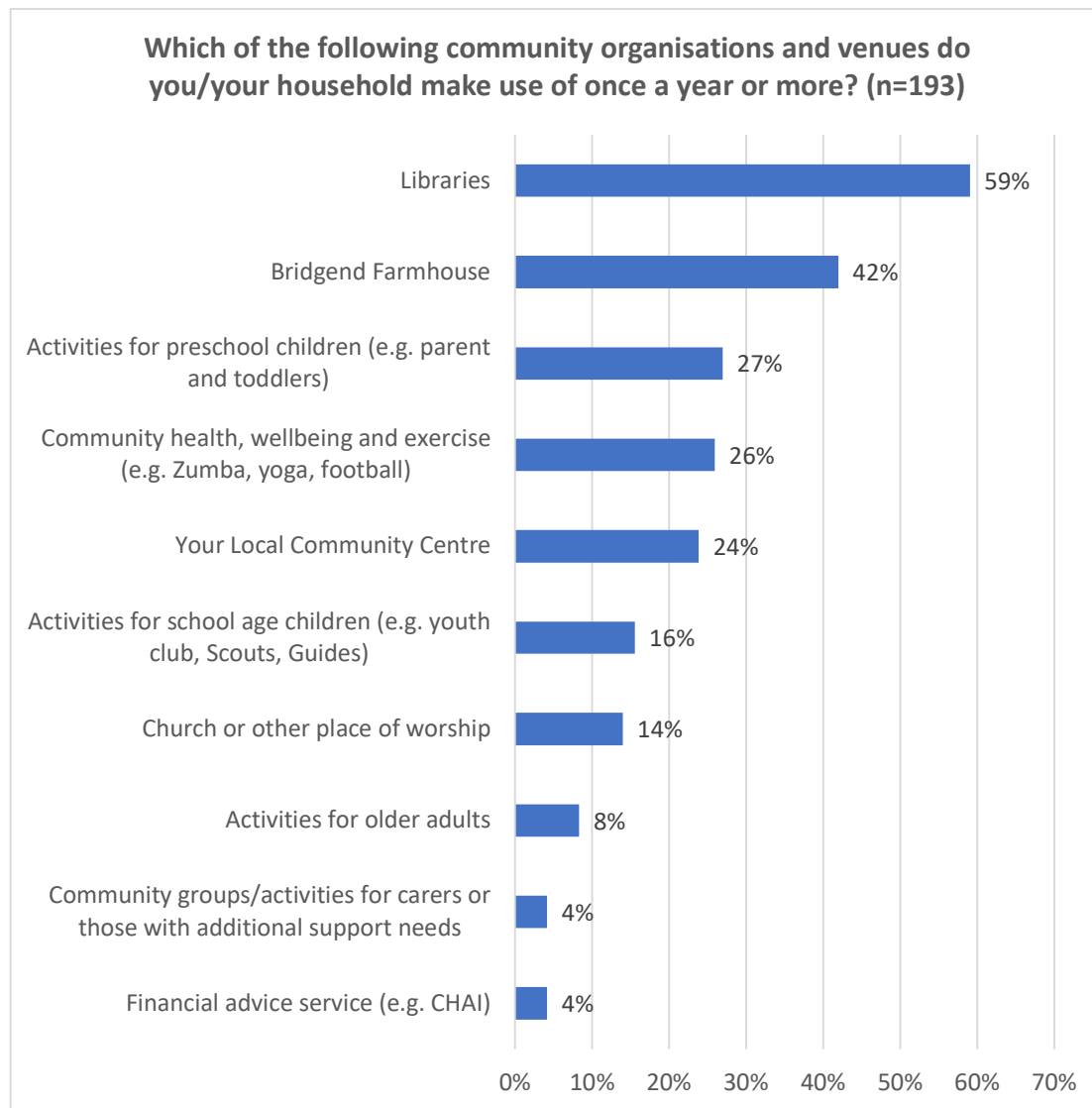
Community facilities (9)

- “More community events at various times throughout the year (Christmas parade, summer family fun days, spring and water activities, Halloween and bonfire activities farmers markets etc to encourage locals together (covid pending of course)”
- “More opportunities for working people to access community activities in the evening. Just because people are working doesn't mean they are not on the breadline therefore would benefit from affordable exercise classes, cooking etc”

Other (4)

- “Too many house being built but not enough infrastructure to coincide with it.”

Question 2: Community facilities



Question 3: Ideas for community development projects

Edited list of ideas from the community

Health and wellbeing and sports

- Parent and child yoga and mindfulness
- Evening yoga and exercise for working people
- Healthy eating and cooking classes
- Greater winter training facilities. Edinburgh facilities for Edinburgh clubs
- Tai Chi in Inch Park or a boot camp type exercise class in the park for mature people. An art club/ programme of art workshops and classes. Film screenings. Geology tours of Craigmillar Castle Park
- I'd like a park run/ jogging group
- Mental health groups, relaxation sessions
- More Trauma Informed Services
- Walking groups
- Tai Chi at Bridgend Farmhouse or at Inch House or Inch Park Community Sports Club would be great. Life drawing classes/drop in sessions. Foreign language conversation groups. Theatre productions and film shows. A book club.
- Meet ups for working age people to make friends or go on organised hill walks or local walks. Better serviced play parks for children of all ages, lots of green space but nothing to use inside them (Eh17 e.g. Drum Park/ Ferniehill park)
- Adult dance and fitness classes that don't require an expensive gym membership. There used to be evening classes at Liberton High School.

Children, young people and play

- The big field at gilmerton dykes crescent better being a swing park instead of the thing they have stuck in it
- Play park put back in place is most needed and for council to spend some money on the inch. All funding seems to go to craigmillar
- Parent and child yoga and mindfulness.
- Toots play cafe is excellent venue for parents and children and it is a shame it is not open or have any events at the weekend. Free play is what is needed for young kids now that they cannot go inside and access to a cafe for parents.
- My children really enjoyed the craft activities during the October break and are already asking if there will be more planned for during future school holidays. It was a very enjoyable morning for the kids at a very reasonable price
- Add covered seating in playparks so if it's a little wet the older ones can play while parents/ babies can stay slightly drier
- More places and activities for teenagers
- Classes for preschool children e.g. music /gym/dancing
- Things to help people meet their neighbours; science / coding / environmental clubs for children and young people

- A breastfeeding support group, support for parents mental health issues, a walking group or outdoor activities for children and families in Craigmillar Castle Park. Develop some existing parks - The Venchie, Peffer Place.
- More youth workers as the issues with teenagers antisocial behaviour seems to be in the increase. Walking past last groups hanging around local shops is very intimidating.
- Activities for parents where there is a creche available (e.g. craft group, exercise classes etc).
- Activities for young people with disabilities, e.g. autism
- Playgroup for toddlers? Anything toddler related to meet people in the area please
- More activities for children after school"

General community

- More opportunities to network
- Accessible training short courses in area numeracy and literacy
- New mums group, coffee mornings etc
- Community gardening activities out with work hours
- Offer volunteer activities in the evening
- Improve the quality of the Bridgend café, open it every day
- Women only activities
- Craft group
- Book group
- Classes in the evening to accommodate working parents
- Summer/winter fair?
- More cafe /takeaway options
- Cinema
- Would be nice if there were exercise classes in the evening, a walking group at the weekend when working people can go.
- wind band, recorder group, traditional music group, litter picking events, planting flowers in public places,
- More public spaces where people can just be - part of the attractions of green spaces and parks is the ability to "be "in a place of peace and equality. More places where social expectations are non existent.
- Gardening and small jobs for elderly and disabled
- Tool Library
- Hacker/ maker space
- Community bike workshop

Environmental

- Outdoor groups, such as safe cycling for all ages. Wildlife awareness and protection. Local history groups. Things that might give people a reason and understanding of things that would help make this area a clean and pleasant place to live ,
- Litter pick up
- Green activities to do with nature! Would be good to train young people specially, get them more involved into nature as well as older people and people with mental health problems,

long term unemployed or short term unemployed people, people of all ages and differences, mix everyone (different races and abilities/capacities, not just little group of selected people, create more like a community spirit). We need more activities for local people (there's a lot of new houses, buildings but barely any places to meet or exchange).

International/intercultural meetings/exchange places open later in the evening or at weekend to meet people, socialize!

- Community gardens (especially within Inch area)
- Maybe a help your local environment clean up litter, plant decent plants to help
- I think campaign for recycling, taking rubbish to bin and looking after gardens would make our areas even better. Maybe a campaign for tidying gardens or cutting grass and some of the money would go to charity.
- Education on social responsibilities, looking after area is littering, dog fouling.

Older people

- More for older people that is not bingo or similar. Suitable fitness classes, social and groups that look at topics such as history, women's issues etc
- Fitness for older people (not all chair based)
- Gregarious Chinwag at GMC

Carers

- Careers support, groups for the youth 12+

Covid 19

- The area needs more meeting places that are safe when we cannot have any one to visit indoors in the home. Premises and organisations that follow strict rules can have people together (socially distances etc) and these need to be available for people to access. Currently only those who are fit (can go walks) or can afford to go to cafes can meet together with friends. Socialising and fun events need to be available and made safe.
- Outdoor playgroups due to covid

Shops and food

- It would be fantastic to have some good local shops, such as a butcher, fishmonger and greengrocer. Also, a nice (non-chain) pub and/or restaurant would be good.
- Nutrition classes
- Weekend markets/ outdoor car boot sales
- More community work to improve outdoor areas, such as herb/veg gardens, clean up local areas.
- Start with having a community hall/cafe/bar so people will use it as a hub to post messages, have bring and buy sales, perform shows and hold events (when we're allowed to!)
- Better takeaways or cafes

- Foraging walks
- Mentioned already opportunities for working adults/parents. Affordable exercise classes/groups and cooking on a budget.

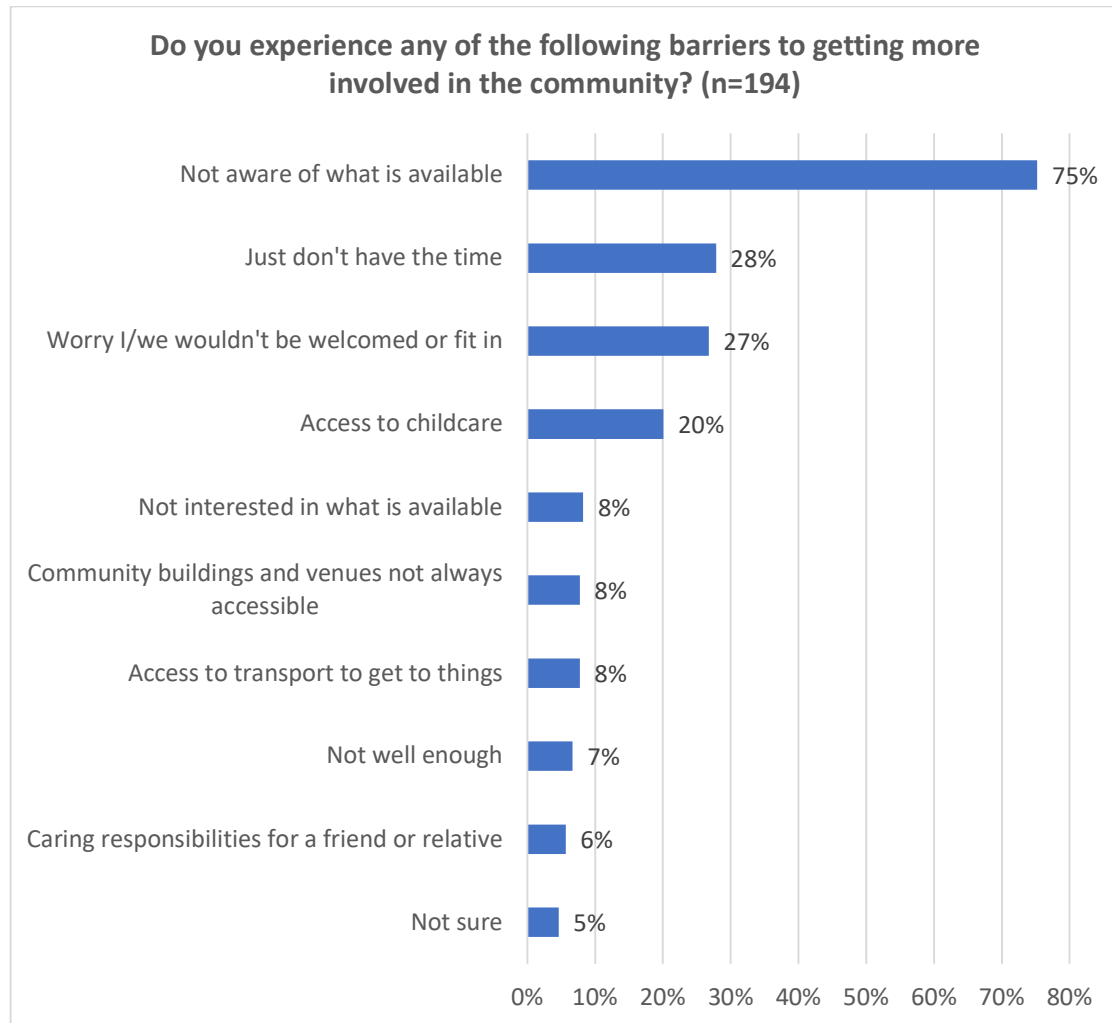
Other

- Car boot sale
- Have an App/Twitter/online directory so residents can engage with what is going on in the community
- There is nowhere to really socialise within the immediate area. Needs gentrified big time, and this is coming from someone who has generally been against that sort of thing. There is just so little choice in venues I don't really know where to start without feeling rude. The gym needs to be larger although I have not taken advantage of the other sports facilities at the centre. The bar/ restaurant/ night club scene is dead as a door knob. Personally I would prefer to buy a bottle of beer and go sit in one of the graveyards, at least they have put a little effort in to the design of them. Anything would really be a bonus, something to define the area and give others from outside a reason to come here.

Question 4: Skills you would like to learn or can share

Would like to learn	Can share
Languages, Korean	Mindfulness and meditation sessions.
Growing vegetables, bushcraft and plant identification	Christmas card workshop for adults or children Covid permitting.
Community litter picking.	Life drawing, general drawing, painting, print making, weaving, knitting, sculpture, paper making, book making/ binding etc.
Community walks	I can share expertise on running a theatre group, working with a BOD
Knitting	Horticulture
Computer skills (and for older people	Programming and Linux
Arts, crafts, textiles, painting	Tension, Stress and Trauma Release Exercises (TRE)
Potentially stargazing / astronomy evenings	Sourdough bread making, introducing to grow your own, herbal remedies making.
Hacking/making	Nutrition and in yoga but not at the point of being able to share until next year
DIY	Arabic bellydance for adult ladies
BSL	Storytelling and literacy
Gaelic lessons, Scottish History	Graphic design, Adobe
Maintaining/repair own bicycle	Gregarious Chinwag
Garment making	CV development and basic IT skills, facilitation and group work

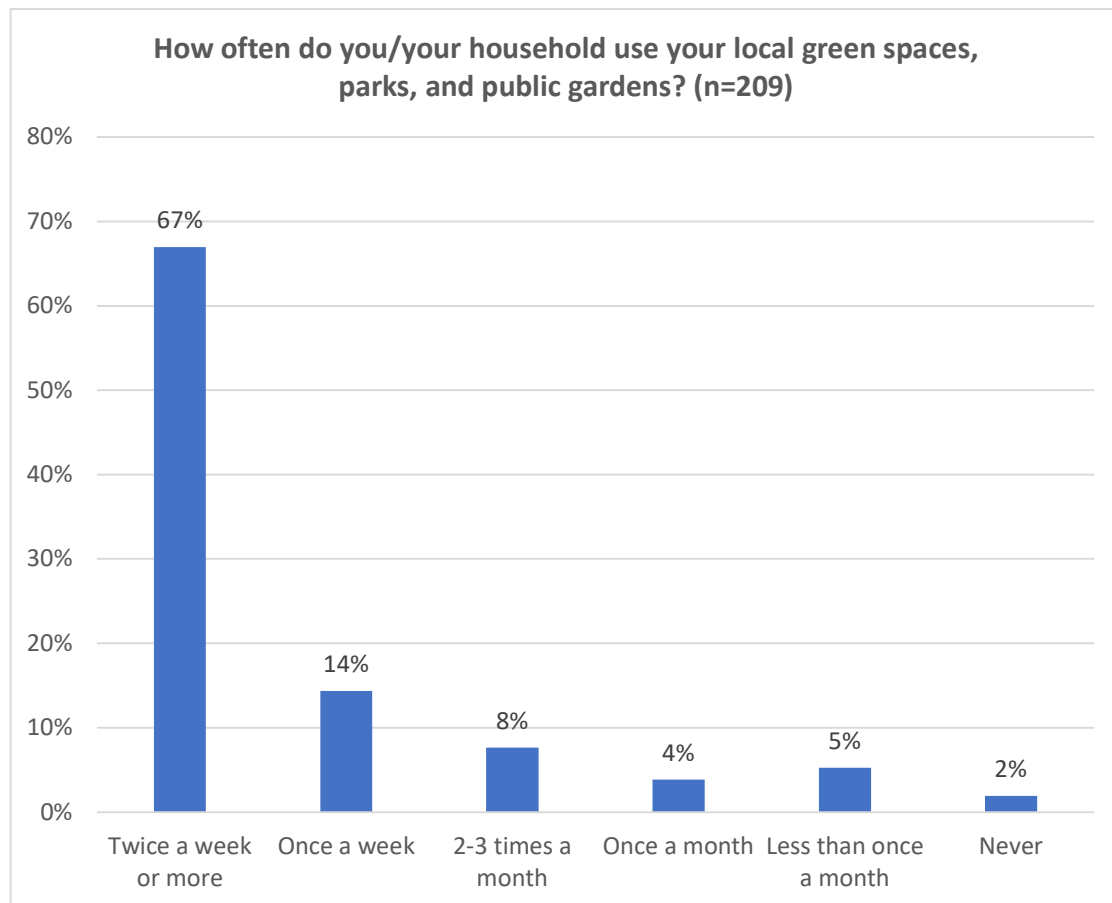
Question 5: Barriers to getting involved in the community



Edited comments:

- Bridgend farmhouse not very welcoming
- Anxiety
- Too many choices sometimes and not enough long term (not having enough time to get to know people/socializing, leaders not always motivated enough, enthusiasm (including everybody). Too many little activities in different places, Would be better to have reunited in one place open all day and at weekend for everyone to be involved included.
- Things in my area finish so early
- I personally do not experience barriers. I used to find the things I wanted to do but sometimes not on my doorstep. Since the lockdown its even more important to build community with in the actual location of where we all live. Online community makes it easier to meet with people anywhere in the world.
- I do have disabilities so sometimes I'm not well enough occasionally.
- I work during the day Mon to Friday so more evening and weekend things.
- Not enough being organised in the area where its easily accessible for those who don't drive

Question 6: Using local green spaces



Edited comments

Quality of greenspace

- We only have the inch park. But in winter it is very waterlogged
- A lot of these spaces are overgrown , dog fouled , over crowded parks and play spaces
- Lightning/ safety in the evening on darker nights
- Very messy, other people don't respect those local spaces, always full of rubbish, broken glass etc, not very child friendly
- Playpark at the Inch disappeared and Inch Park is in a shocking state. In Covid-times, more outdoor options for children should be a priority
- The local parks have great space but no play equipment for children over 5
- The local play parks, Inch Park, Graigour Park are well used but it is disappointing to see how often the bins are over flowing and there are broken bottles etc. dangerous for children play areas. The council are not very good at maintaining these parks.

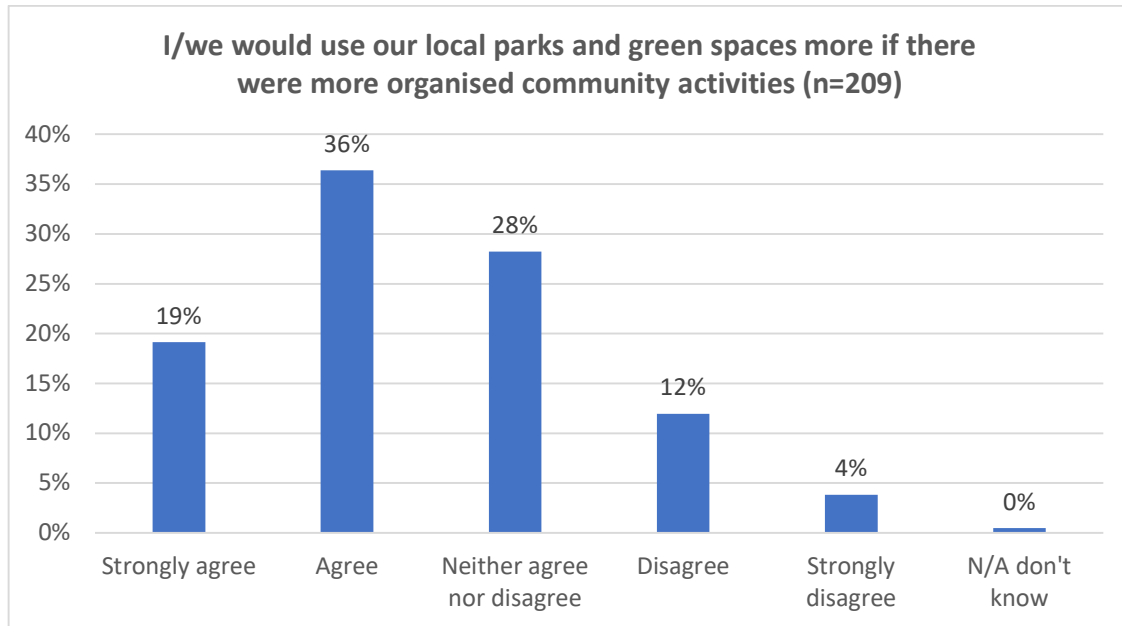
Development

- My local 'green' spaces are now housing developments! The fields along Station Road and The Drum Estate.

General

- Lucky to have so many parks, paths and play parks in EH16/17
- Love them. The number ones are seven acre park and Liberton park. What a difference compared to Moredun and the inch

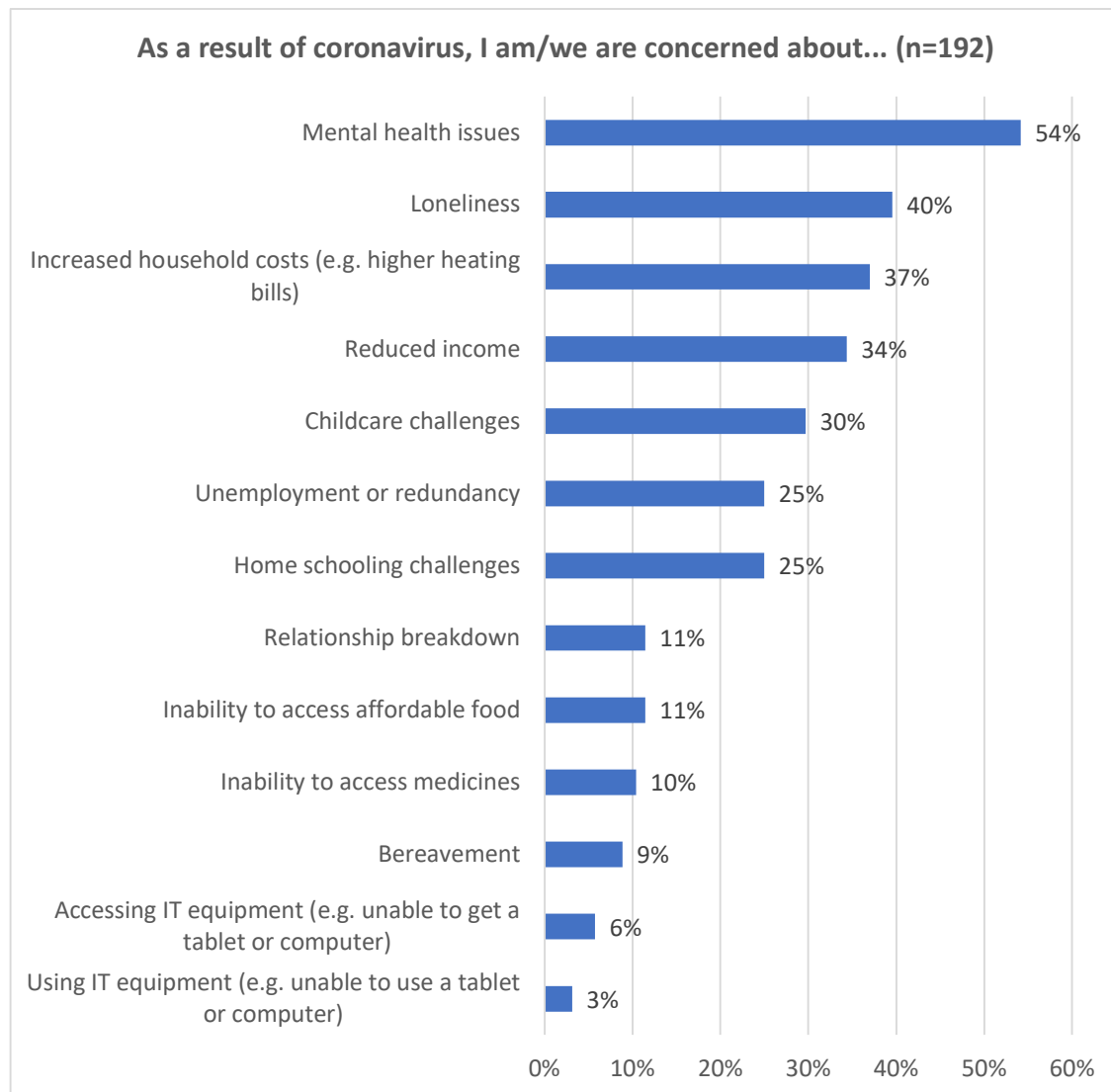
Question 7: organised community activities in green spaces



Edited Comments

- More for the children
- I use them a lot already
- A focussed activity encourages you to pop it in the diary, as does making a commitment to do something
- I use the green spaces almost everyday but some may not and therefore some organised activities would encourage their use and soon most people feel the benefits.
- Safety in numbers for running at night would be great
- I use them often as it is but would use them with a peace of mind if they were getting cleanest regular
- I use them a lot already but some organised activities of the kind suggested above works be an added attraction.
- We loved a lot of the activities at Craigmillar Park - fairy walk, owl handling

Question 8: Impact of Covid-19



Edited comments

Access to goods and services

- Access to healthy food in local stores
- Seeing doctors

Mental health

- Lack of activities, distractions
- Just lack of working and social life really would usually depress me easily, I am sort of used to this now, but want to get out and about into the real world again.
- Increased stress levels due to the enforced isolation and very intense home working

Social contact/isolation

- Miss out toddler interacting with other children

- Family - I'm an immigrant so haven't seen my parents in 16 months and counting. It's really isolating.
- Children's social development
- Concerned about vulnerable friends and family that I am unable to visit

Lack of adherence to rules

- As a health care worker and someone who suffers from diabetes the lack of adherence to the rules by many people distresses me. Gangs of youths with no social distancing is very worrisome and many of them use public transport but don't wear masks.
- Lack of mask wearing and social distancing in the community

Crime

- So many effects of lockdown and trouble with increased crime in the area and Laine of local teens forming gangs and vandalising and starting fires and breaking glass and terrorising our shop keepers etc etc.

Other

- Pandemic fatigue and lack of physical activity during workdays. We're very fortunate with stable jobs and a garden for the kids. Mainly worried about a) avoiding the virus and b) how to help others who aren't as fortunate.
- The return of too many cars on the road
- I'm worried the economy will come crashing down around our ankles as if Brexit wasn't causing enough problems. I fear catching coronavirus and being told to self isolate at home as they don't have an ICU bed and die as a consequence
- Plastic waste, people littering, welfare of animals.

Question 9: ideas for recovery projects

Edited list

Cycling/workshop projects

A workshop for citizens to work on cars, motorcycles and cycles

Bike hire would be very good for working folk I know.

Repair and repurpose abandoned bicycles which litter the city

Bike lockers on street. the semi circle shape where you can pay to lock your bike up. More enterprise car share cars available.

Anything to reduce the number of cars on the road. Bikes sound like a great idea but cycle paths need to be improved/implemented.

Safe routes to cycle map?

General community

Ways to foster and support and empower and resource more mutual aid within the community

have 24hour access to libraries same as Scandinavia.

Forest skills in Craigmillar Castle Park, online coffee mornings, pen pals and writing letters to local people intergenerationally (older and younger), organised walks, picnics

Meeting together, talking about the way we want to move forward, public consultation, information meetings,, exchange (e.g. with counsellors, coaches).

Outdoors activities...outdoor fitness/yoga/Pilates/walking/running/gardening/drawing/etc"

Activities that promote community cohesiveness. Projects that everyone can contribute something little to, to make a success e.g. community art projects in craigmillar castle park.

covered spaces for community events and projects -- i.e. sheltered form elements but still outside

Men's shed

Mental health

- Organised group walks to improve mental health
- Befriending service for my partner so I could get a break
- Bikes yes. Buddy scheme for those on their own. I'm 55 and went lockdown totally alone.
- More days out for the elderly , and the infirm, more social assistance for single parents who have mental health issues and loneliness
- Exercise classes in person or remote"
- Tension, Stress and Trauma Release Exercise (TRE) would benefit the whole community.

Young people

- Not sure just get more for younger kids nothing like a good community centre keeps them off the streets in safe inventory
- Outdoor and indoor sport activities for kids nursery age in the afternoons or weekends as nothing available at the moment for working parents

Environment

- Community clean up campaigns

Growing projects

- I'd like to help grow veg in a communal garden/green space
- Gardening groups
- Allotments to provide fresh vegetables and fruit to the community
- There's a lot of older people who have been let down by garden aid and cant access their gardens as they are overgrown, many not been cut for many years. That would be a good project for a team of volunteers. It is winter coming soon so this may be an opportunity missed

Employment and economy

- Employment support such as CV writing, skills training etc
- Help to those who lost their jobs.
- Developing more sustainable local economic development .
- "Home working options for Mums with little kids.
- I've been looking for 6 months to find a job that I could do when my baby is sleeping. No luck so far."
- Maybe a class on heating the home efficiently for the Winter? Tips and support on how to heat-proof?
- Digital skills development for older community members, provision of local computer space for those who don't have it at home, support for young people to get into work or education

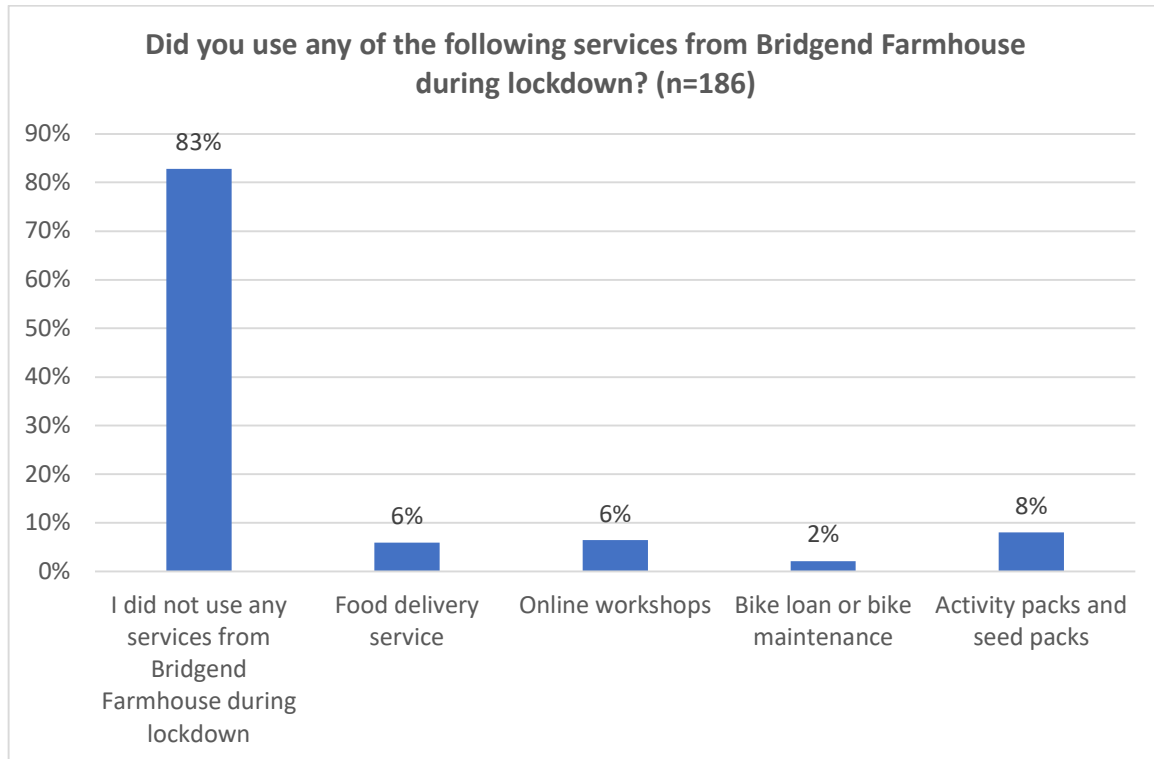
Food

- Coffee vans at parks/outdoor spaces while we aren't allowed in peoples houses
- safe food/ cafe spaces which are not expensive and where can meet another household.

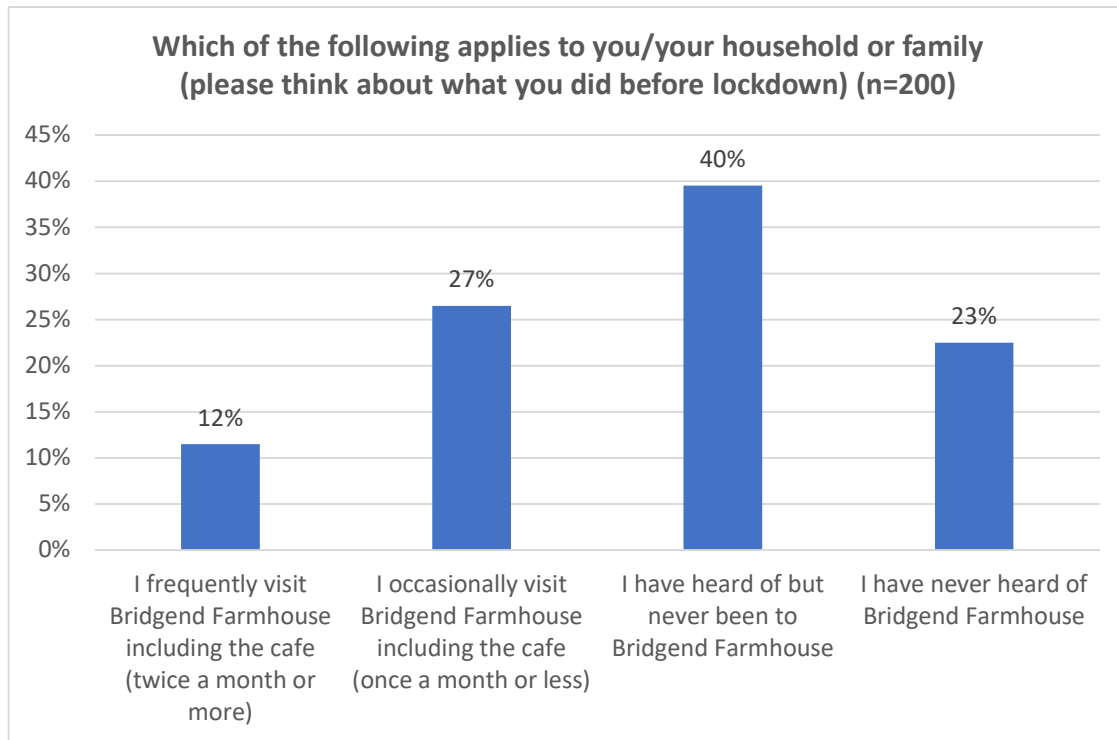
Other

- I think we've got awhile to fight this left. Could good community engagement with the science about the virus help combat 'pandemic fatigue' and increasing non-compliance with restrictions through the winter? Wish there was the community action feel of the springtime.

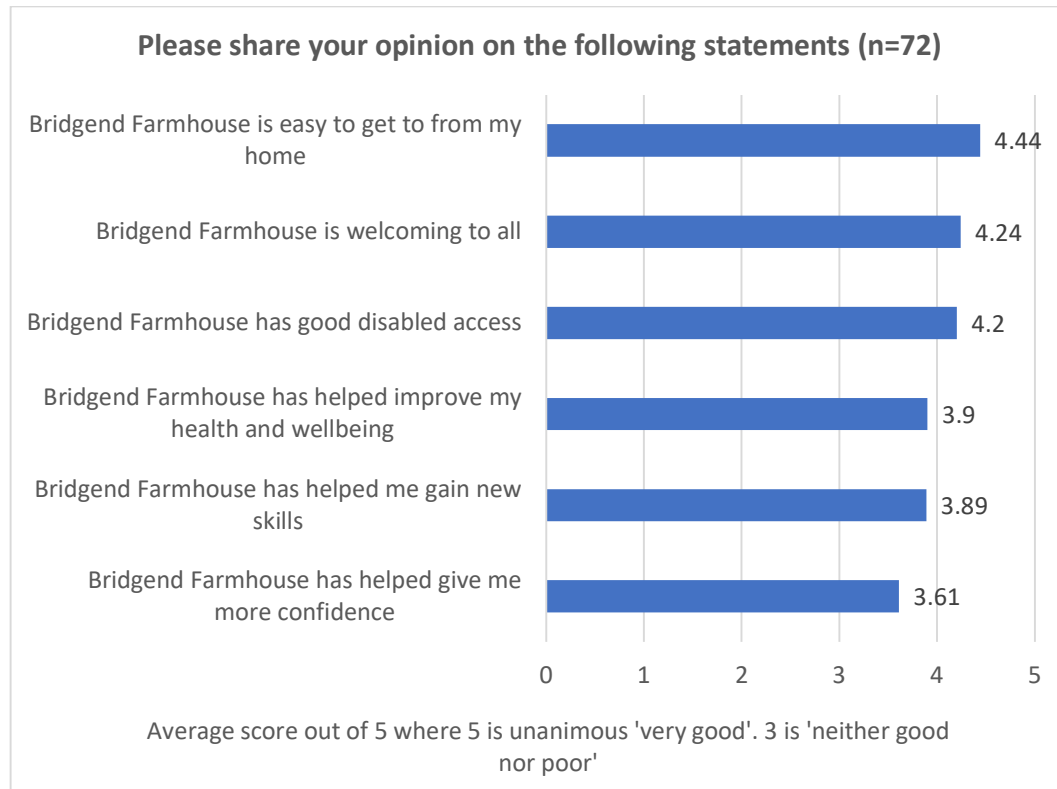
Question 10: Bridgend Farmhouse services during lockdown



Question 11: Using Bridgend Farmhouse



Question 12: Those who use Bridgend Farmhouse



Edited comments

General

- Only ever go in for lunch
- Only visited twice

Positive

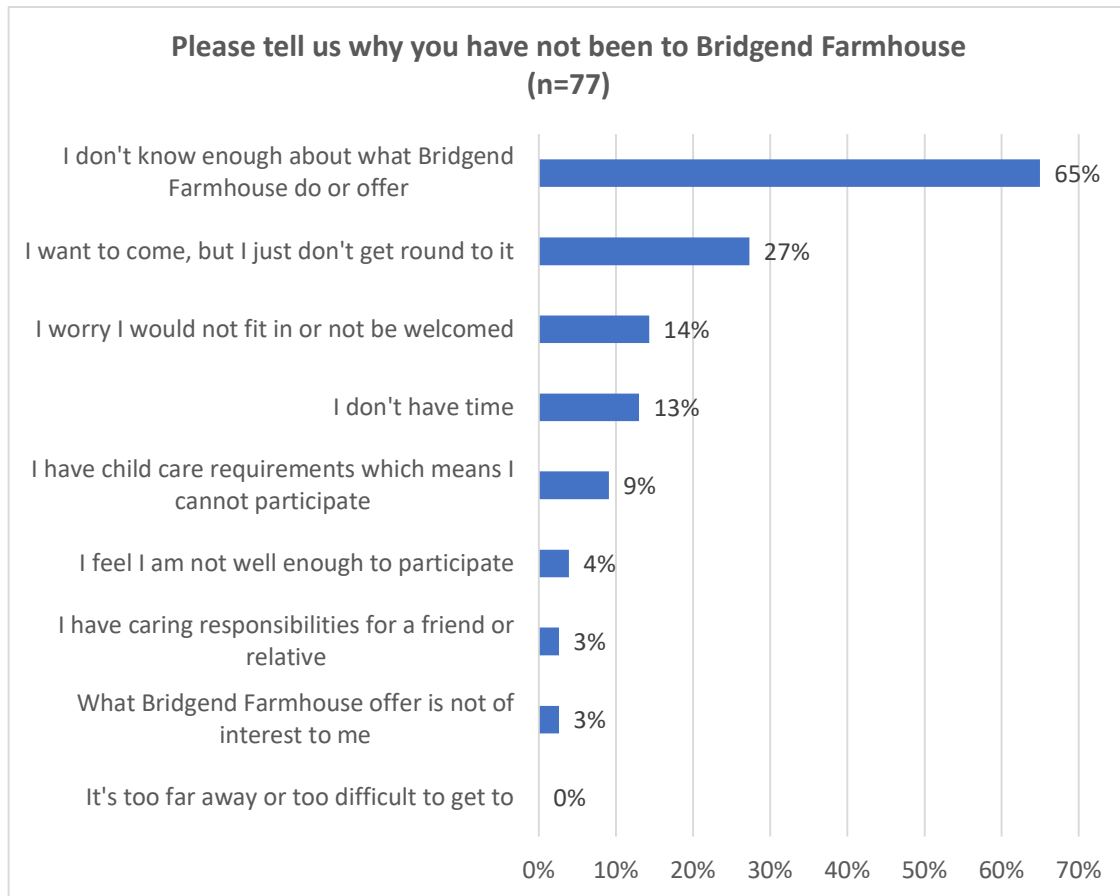
- My son has attended forest Friday for a year and this has been a great experience for him
- Just looking forward to coming back and working with you again will be in touch by email later
- I don't use the services on offer but have loved watching the way the farmhouse has blossomed from a near ruin. it looks beautiful, warm and welcoming.
- Great venue for the community
- Many of the people in the online group were friendly
- I have only been 2 or 3 times, but I think the Farmhouse and adjacent community garden are great assets for our community. I'm always pleased to see updates via social media and I hope to be able to get more involved. Keep up the great work 😊👍

Negative

- Not very welcoming

- I didn't feel at all welcome when I visited the cafe
- Be more clear and concise about your project would help people to have a clearer understanding of what you are trying to do or achieve, also have more trained and qualified people in the kitchen, cafe as sometimes service has been poor, and waited too long to be served! So make sure than people are aware that you might have people with disabilities would help people to understand the long waiting time. Be more organised, have more qualified a trained people in serving, receiving clients. Cuisine excellent, very good fo
- Some nice initiatives, but need to work at being more organised and welcoming - turn up for things and no-one seems to be there or know anything about it, so just leave again.

Question 13: Those who do not use Bridgend Farmhouse



Edited comments

- Work 2 jobs not got much spare time
- I'm avoiding public transport, and don't have a car.
- Not seemed very open to the public when I've walked past. Not clear when the cafe / bike service are open.
- I have no one to go with.
- I thought it has been closed since we moved here in March

Question 22/28: Any other comments

Project and activity ideas

- A regular socially distanced welcoming meeting to new residents to the community would be a great way of welcoming new people to the community and for them to learn about what Bridgend has to offer .
- It would be good to see more organised activities for youths. As daily dog walkers we have noticed more and more antisocial behaviour at the dip etc in recent weeks and months.
- Play park for kids in the inch
- please see if we can get more playgrounds for the children and adults.

Mental health

- As a single mother with anxiety, lockdown has been particularly hard with my family 350+ miles away. I have weeks where my 4 year old daughter is the only company in my house. I have no one to talk to, and in lockdown it got the "what's the point" stage. It's so important to make connections, friendships and just chat to someone. We've lost the sense of community from older generations, and lockdown has exacerbated the issue.

Communications

- How are activities currently made public?
- I would love to participate more with community activities but I don't know anything about what's on offer
- found this difficult to fill in as I feel the area probably has activities etc going on but I am not sure of an overview that makes the community aware of venues and what they offer

Other

- No football allowed in streets at Gilmerton dykes crescent they. Should be a notice put up all households need to be told
- Really enjoy living in Gilmerton, but struggle taking my small children to parks and green spaces in the area because of the amount of glass and rubbish around
- See the farmhouse has kids activities, just timings haven't worked for us yet
- Questionnaire was a bit long with too many choices and couldn't see everything I wrote!
- Have more a spirit of community, "
- Would like to see the importance of looking after the environment we live in
- Once you reopen it would be good if someone could be there to welcome people
- I would like to be more involved but do have time constraints as working and studying
- If you have anyone registered to next door, I would share this survey for the locals. They are very active
- I have an autistic son aged 17 and he is always looking for groups and things to do but is a bit shy so would appreciate any info on any such groups that could facilitate him thanks.
- Ok, well that was a bit of a book. Hopefully, I win the prize money after that lol. Guaranteed not a thing will change in the local area for the better neither. We will probably get a raise in

plastic bag tax at the local Tesco's, or some revolutionary crowd pleasing move like that, not to be too pessimistic

- Could something be done about all the vehicles parked on the paved area next to the shops on the Burdiehouse estate?
- "Would love to chat. About 40 of us started an independent community group during lockdown and we have over 350 members and we have many ideas solutions and we network with these people both online and off lone as many don't have social media presence and or internet. I have explained this is another section. By here is the gist of it as I copied the information and took me a long time to type on my. Mobile as I'm currently injured from Sunday due to glass being out in the building bins and slicing my arm open making me pretty helpless and unable to do anything with no help during lockdown 😞
- Here is copy and paste of what I said above. Apologies off autocorrect and typos as I'm suffering bad eyesight and loss of use of my right arm arm. A lot of people here for free and out of kindness and provide free food from the allotments all for free There is need and destitution in our community and people don't know where to get help Also if they know they feel or are unable due to their mental health and or disabilities. It's a dire situations to be sure. But we have spoken to opeople when doing the off line petition to save our greenspace and as I say we have 40 admins of our independent community group both online and offline and it's a very valuable network of the most needy vulnerable people. Thank you

Thanks

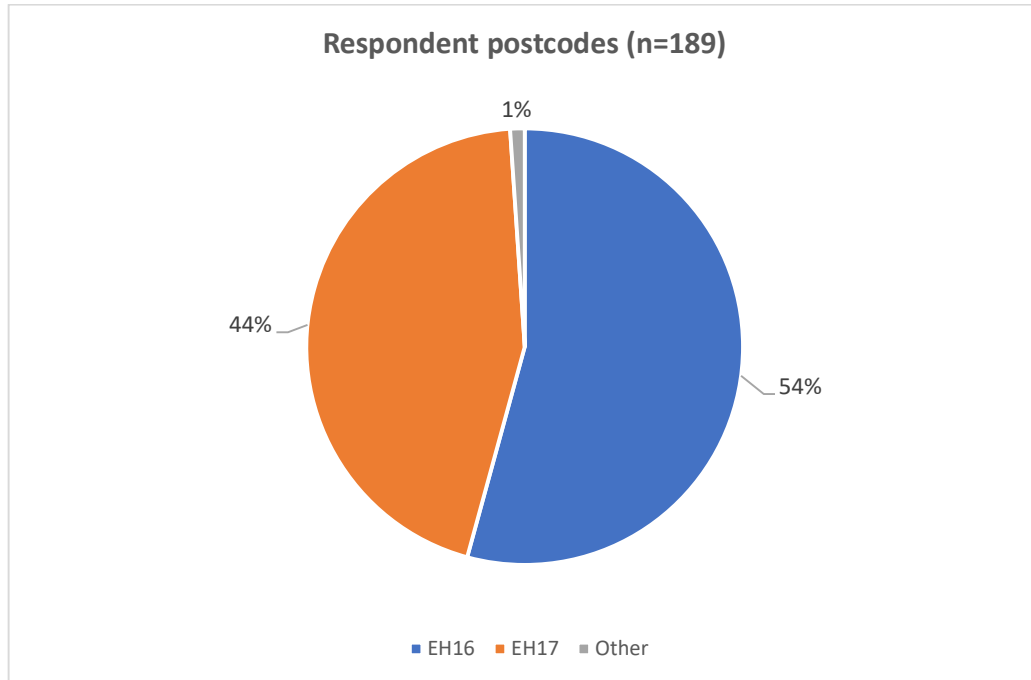
- Thank you for your interest and collecting this data.
- Thanks for the survey
- I'd love to take part in more activities and events when you get back to hosting them. Also being able to use your cafe more at weekends. Keep up the good work.
- Bridgend Farmhouse is fabulous
- Not really except still missing you all and really would like to come back and work with you again soon
- Would love to say that I enjoy living here having done so for the passed two years. Everyone is friendly and approachable, and it's a lovely peaceful area to live in. Wouldn't mind being involved in more community projects once covid is over.
- Although I had not heard about Bridgend Farmhouse I commend your efforts to improve life for the community. Shall find out more.
- I think what you are doing is great.
- Keep up the good work!
- Great survey
- Thank you for all the hard work
- Well done, and thank you
- The strength of Bridgend Farmhouse is the diversity of the people it is able to involve, drawn from multiple communities of geography and interest. Its ethos of sustainable development, outdoors activities, active travel, nurturing a love of greenspace, community food, social inclusion, kindness, health and wellbeing makes it a uniquely special place. Please don't turn it into a noisy outdoors music venue or a Fringe venue, its location is a residential area, with

its closest community being its neighbours in the Bridgend Cottages, the original Bridgend village on its doorstep.

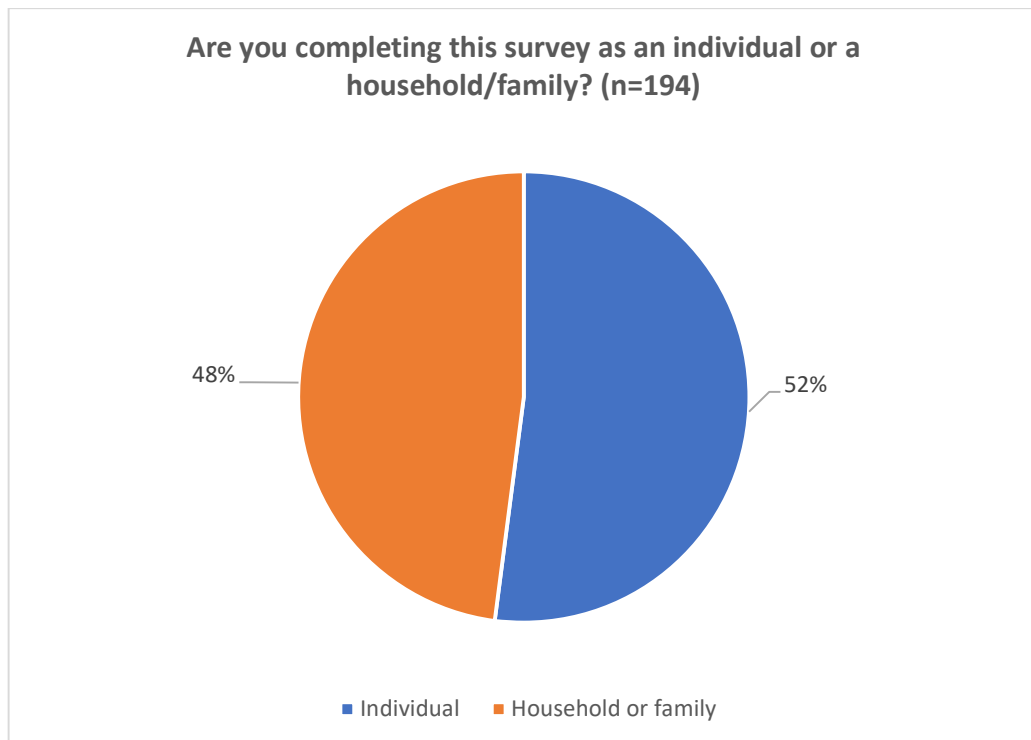
- Thank you for compiling this survey. Great help for community.
- Nice survey.
- Always glad to hear from Bridgend Farmhouse 😊
- New to the area and want to support local groups like Bridgend
- Thank you for all Bridgend do for the community
- I am so glad that we came to the farmhouse this October break and we will definitely look out for other activities that we could be a part of
- Well done to you guys for actually caring about this area and trying to keep people involved and engaged
- From the outside it looks like a lovely setting.
- new to neighbourhood and this survey made me aware of Bridged farmhouse, will defiantly be looking for more info now!
- Thank you for all you have done to try to help people
- Thank you for trying to improve things in the area.
- Thank you for all that you do!
- Thanks for consultation
- I enjoy visiting Bridgend cafe.
- After lockdown would like it open more often and be able to volunteer."
- Looking forward to eventually making it to Bridgend Farm
- Well done for the work you undertook during lock down it was tremendous. Please just ensure all recipients are valid!
- I admire your work from afar and share all your work via social media but I am not brave enough to come down to visit.

Demographic profile

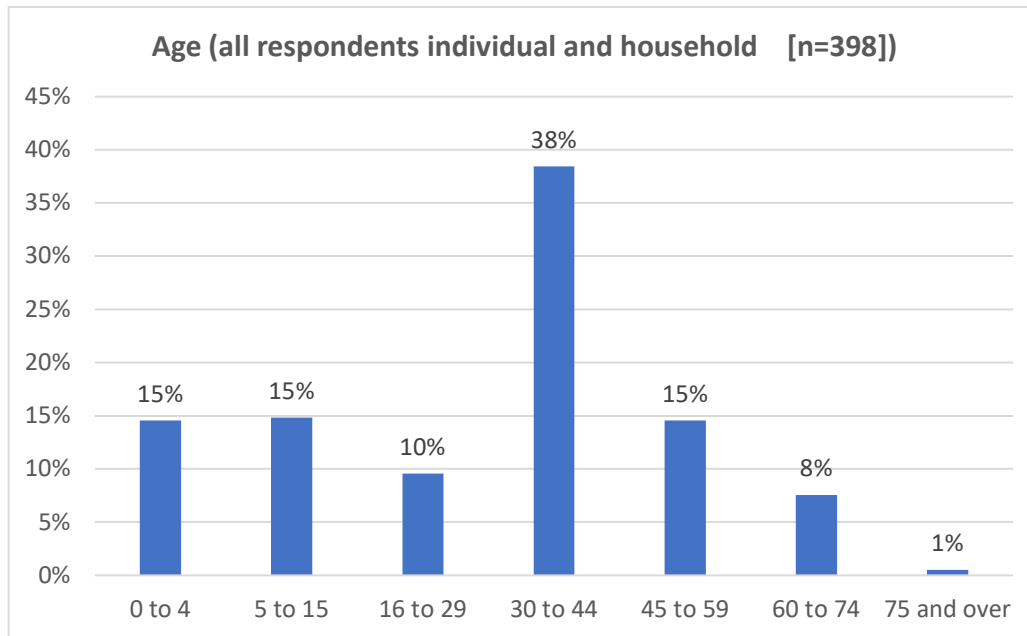
Question 14: Postcodes



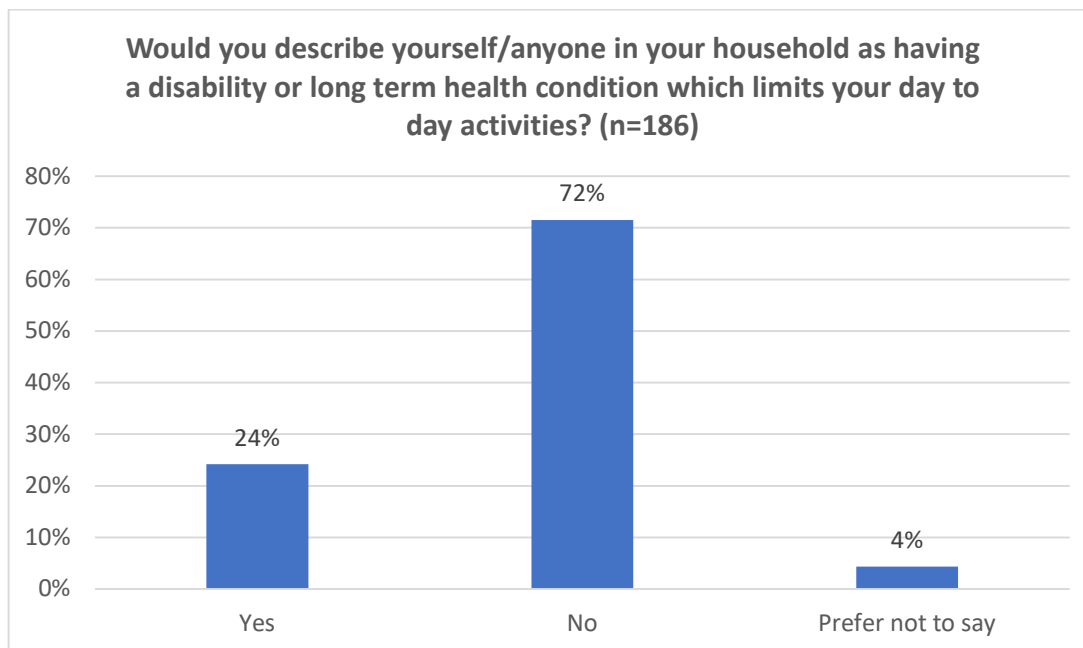
Question 15: How people filled in the survey: Individual or household?



Question 16/23: age



Question 16/24: Long term disability and health condition



Question 17/25: Mental health

